

SEPTEMBER 2016



WEST GENESEE HIGH SCHOOL



GOOD MORNING!

BE SMART...
GET A GOOD START!
DON'T FORGET BREAKFAST!



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|-----------------------------------|--|-----------------------------------|-----------------------------------|
| The 3 Required Components: 1. Fruit/vegetables 2. Grains (meat/meat alternate optional) 3. Milk | |  We choose whole grain rich for our students! | 1 TEACHER WORKSHOP | 2 NO SCHOOL |
| 5  | 6 EGG & CHEESE BAGEL SANDWICH | 7 EGG & CHEESE BAGEL SANDWICH | 8 EGG & CHEESE BAGEL SANDWICH | 9 EGG & CHEESE BAGEL SANDWICH |
| 12 EGG & CHEESE BAGEL SANDWICH | 13 EGG & CHEESE BAGEL SANDWICH | 14 EGG & CHEESE BAGEL SANDWICH | 15 EGG & CHEESE BAGEL SANDWICH | 16 EGG & CHEESE BAGEL SANDWICH |
| 19 EGG & CHEESE BAGEL SANDWICH | 20 EGG & CHEESE BAGEL SANDWICH | 21 EGG & CHEESE BAGEL SANDWICH | 22 EGG & CHEESE BAGEL SANDWICH | 23 EGG & CHEESE BAGEL SANDWICH |
| 26 EGG & CHEESE BAGEL SANDWICH | 27 EGG & CHEESE BAGEL SANDWICH | 28 EGG & CHEESE BAGEL SANDWICH | 29 EGG & CHEESE BAGEL SANDWICH | 30 EGG & CHEESE BAGEL SANDWICH |

PRICE OF BREAKFAST IS \$1.75.
REDUCED PRICE IS \$.25.

Money on your child's account may be used for all items in the cafeteria.
Make checks payable to: West Genesee Food Service or add

money online at MySchoolBucks.com



Breakfast includes:

Milk Juice (MUST take juice AND fruit!)
 Assorted Fruit Choice
 Alternate Choice: 2-Cereals or Muffin, Honeybun or Donut

MENU SUBJECT TO CHANGE WITHOUT NOTICE.