

# SEPTEMBER 2017




WEST GENESEE HIGH SCHOOL



**GOOD MORNING!**

BE SMART...  
GET A GOOD START!  
DON'T FORGET BREAKFAST!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>The 3 Required Components:</b> 1. Fruit/vegetables 2. Grains (meat/meat alternate optional) 3. Milk		 We choose whole grain rich for our students!		NO SCHOOL
	TEACHER WORKSHOP NO SCHOOL!	EGG & CHEESE BAGEL SANDWICH	EGG & CHEESE BAGEL SANDWICH	EGG & CHEESE BAGEL SANDWICH
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PRICE OF BREAKFAST IS \$1.75.  
REDUCED PRICE IS \$.25.

Money on your child's account may be used for all items in the cafeteria.  
Make checks payable to: West Genesee Food Service or add money online at [MySchoolBucks.com](http://MySchoolBucks.com)



**Breakfast must include:**

Milk      Juice (MUST take juice and a fruit!)

Assorted Fruit Choice

Alternate Choice: Cereal (2), a Muffin OR Cinn Bun

*MENU SUBJECT TO CHANGE WITHOUT NOTICE.*