

NOVEMBER 2016




WEST GENESEE
ELEMENTARY + MIDDLE SCHOOLS



GOOD MORNING!

BE SMART...
GET A GOOD START!
DON'T FORGET BREAKFAST!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The 3 Required Components: 1. Fruit/vegetables 2. Grains (meat/meat alternate optional) 3. Milk	1 BREAKFAST PIZZA	2 WHOLE GRAIN FRENCH TOAST STICKS SAUSAGE PATTY	3 WHOLE GRAIN BLUEBERRY OR CHOCOLATE CHIP MUFFIN	4 CHEESEY EGG & BACON BAGEL SANDWICH
7 WHOLE GRAIN FRUDEL STRUDEL	8 BREAKFAST PIZZA	9 WHOLE GRAIN FRENCH TOAST STICKS SAUSAGE PATTY	10 WHOLE GRAIN BLUEBERRY OR CHOCOLATE CHIP MUFFIN	11 
14 WHOLE GRAIN FRUDEL STRUDEL	15 BREAKFAST PIZZA	16 WHOLE GRAIN FRENCH TOAST STICKS SAUSAGE PATTY	17 WHOLE GRAIN BLUEBERRY OR CHOCOLATE CHIP MUFFIN	18 CHEESEY EGG & BACON BAGEL SANDWICH
21 WHOLE GRAIN FRUDEL STRUDEL	22 BREAKFAST PIZZA	23 THANKSGIVING RECESS	24 	25 THANKSGIVING RECESS
28 WHOLE GRAIN FRUDEL STRUDEL	29 BREAKFAST PIZZA	30 WHOLE GRAIN FRENCH TOAST STICKS SAUSAGE PATTY		 We choose whole grain rich for our students!

PRICE OF BREAKFAST IS \$1.75.
REDUCED PRICE IS \$.25.

Money on your child's account may be used for all items in the cafeteria.
Make checks payable to: West Genesee Food Service or add

money online at MySchoolBucks.com



Breakfast must include:

Milk Juice (MUST take juice and a fruit!)

Assorted Fruit Choice

Alternate Choice: Cereal (1) & Graham Crackers

MENU SUBJECT TO CHANGE WITHOUT NOTICE.