

OCTOBER 2016

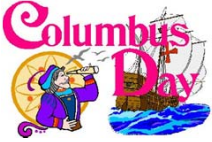


WEST GENESEE
ELEMENTARY + MIDDLE SCHOOLS



GOOD MORNING!

BE SMART...
GET A GOOD START!
DON'T FORGET BREAKFAST!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 WHOLE GRAIN FRUDEL STRUDEL	4 BREAKFAST PIZZA	5 WHOLE GRAIN FRENCH TOAST STICKS SAUSAGE PATTY	6 WHOLE GRAIN BLUEBERRY OR CHOCOLATE CHIP MUFFIN	7 CHEESEY EGG & BACON BAGEL SANDWICH
10  Columbus Day	11 BREAKFAST PIZZA	12 WHOLE GRAIN FRENCH TOAST STICKS SAUSAGE PATTY	13 WHOLE GRAIN BLUEBERRY OR CHOCOLATE CHIP MUFFIN	14 CHEESEY EGG & BACON BAGEL SANDWICH
17 WHOLE GRAIN FRUDEL STRUDEL	18 BREAKFAST PIZZA	19 WHOLE GRAIN FRENCH TOAST STICKS SAUSAGE PATTY	20 WHOLE GRAIN BLUEBERRY OR CHOCOLATE CHIP MUFFIN	21 CHEESEY EGG & BACON BAGEL SANDWICH
24 WHOLE GRAIN FRUDEL STRUDEL	25 BREAKFAST PIZZA	26 WHOLE GRAIN FRENCH TOAST STICKS SAUSAGE PATTY	27 WHOLE GRAIN BLUEBERRY OR CHOCOLATE CHIP MUFFIN	28 CHEESEY EGG & BACON BAGEL SANDWICH
31 WHOLE GRAIN FRUDEL STRUDEL		The 3 Required Components: 1. Fruit/vegetables 2. Grains (meat/meat alternate optional) 3. Milk		 We choose whole grain rich for our students!

PRICE OF BREAKFAST IS \$1.75.
REDUCED PRICE IS \$.25.

Money on your child's account may be used for all items in the cafeteria.
Make checks payable to: West Genesee Food Service or add

money online at MySchoolBucks.com



Breakfast must include:
Milk Juice (MUST take juice and a fruit!)
Assorted Fruit Choice
Alternate Choice: Cereal (1) & Graham Crackers

MENU SUBJECT TO CHANGE WITHOUT NOTICE.