

November 2016

WEST GENESEE ELEMENTARY LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT AND A CHOICE OF VEGETABLES ARE AVAILABLE EVERYDAY AS WELL AS THE FOLLOWING MILK OPTIONS: SKIM WHITE, 1 % WHITE OR OR FAT FREE CHOCOLATE.

The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!

DRAFT!!

MONDAY	TUESDAY	WEDNESDAY	FRIDAY	
DAILY SANDWICH CHOICE: *PEANUT BUTTER & JELLY Ham, Turkey OR Cheese OR Yogurt Meal (yogurt, cheese stix, pretzel, fruit & milk)	1 Chicken Nuggets Crispy Tator Tots Steamed Green Beans Chilled Diced Peaches	2 Bacon Cheeseburger on a Bun <i>with OR without cheese</i> "Bush's" Baked Beans Diced Chilled Pears Dill Pickle Baked Lays Potato Chips	3 "New" Crispy Chicken Bites Crinkle Cut Fries Steamed Carrots Coins Chilled Strawberry Cup	4 Lunch Around Pizza Fresh Romaine Salad <i>w/tomatoes</i> Chilled Mixed Fruit Warm Chocolate Chip Cookie
7 Mozzarella Cheese Sticks & Meatballs <i>w/marinara sauce</i> Fresh Romaine Salad Chilled Applesauce	8 Staff Development Day! 1/2 day	9 Chicken Patty Filet on a Bun Crispy Tator Tots "Bush's" Baked Beans Chilled Diced Pears	10 "Max" Cheese Pizza Carrot Coins Fresh Orange Slices Chocolate Pudding Cup <i>w/whipped topping</i>	11 Veteran's Day
14 French Toast Sticks Scrambled Eggs Hash Brown Potato Chilled Applesauce	15 Chicken Nuggets Crinkle Cut Fries "Bush's" Baked Beans Chilled Mixed Fruit	16 Mozzarella Cheese Stick <i>w/marinara sauce</i> Steamed Green Beans Chilled Diced Pears "Luigi's" Sherbet Cup	17 Holiday Turkey Dinner Turkey, Gravy & Mashed Potatoes Glazed Carrot Coins Dinner Roll "Homemade" Baked Apple Crisp	18 Stuffed Crust Pizza Fresh Romaine Salad Chilled Diced Peaches "Scooby Doo" Cookie
21 Parent/Teacher Conference 1/2 Day	22 Parent/Teacher Conference 1/2 Day	23 Thanksgiving Recess	24 HAPPY THANKSGIVING	25 Thanksgiving Recess
28 "Pillsbury" Pancakes Scrambled Eggs Sweet Potato Fries Chilled Applesauce	29 "New" Crispy Chicken Bites Baked Macaroni & Cheese Carrot Coins Chilled Diced Pears	30 Toasted Cheese Pretzelwich "Campbell's" Chicken Noodle Soup Steamed Green Beans Chilled Strawberry Cup "Pepperidge" Farm Goldfish	Milk \$.65 Ice Cream \$.75 Specialty Ice Cream \$1.25	NOVEMBER "did you know": 1820 - Antartica was discovered. 1879 - Electric Light Bulb 1923 - Traffic light patented. 2000 - International Space Station Good Nutrition Month!

**WE USE AS MUCH
LOCAL FRUITS & VEGETABLES
AS POSSIBLE!**

PRICE OF DAILY LUNCH IS \$2.60 MONTHLY PRICE IS \$39.00. MONEY IN YOUR CHILD'S ACCOUNT MAY BE USED FOR ALL ITEMS IN THE CAFETERIA. MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE. Adding money online at MySchoolBucks.com helps make the lunch line move faster and gives children more time for lunch.



WE NOW SERVE "WHOLE GRAIN WHITE" BREAD PRODUCTS!



****MENU SUBJECT TO CHANGE WITHOUT NOTICE**

**Nutritional facts are available upon request through the Food Service Office OR your child's school nurse.