

October 2016

WEST GENESEE ELEMENTARY LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT AND A CHOICE OF VEGETABLES ARE AVAILABLE EVERYDAY AS WELL AS THE FOLLOWING MILK OPTIONS: SKIM WHITE, 1 % WHITE OR OR FAT FREE CHOCOLATE.

The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!

MONDAY	TUESDAY	WEDNESDAY	FRIDAY	
3 "Pillsbury" Pancakes Trix Yogurt Cup Sweet Potato Fries Chilled Applesauce	4 Chicken Nuggets Crispy Tator Tots Steamed Green Broccoli Chilled Diced Peaches	5 Bacon Cheeseburger on a Bun <i>with OR without cheese</i> "Bush's" Baked Beans Diced Chilled Pears Dill Pickle Baked Lays Potato Chips	6 "New" Crispy Chicken Bites Crinkle Cut Fries Steamed Carrots Coins Chilled Strawberry Cup	7 Lunch Around Pizza Fresh Romaine Salad <i>w/tomatoes</i> Fresh Apple
10 	11 "Taco Tuesday" Seasoned Taco w/Chips & Steamed Sweet Corn Zesty Mexican Salsa Chilled Mandarin Oranges	12 Mozzarella Cheese Sticks & Meatballs <i>w/marinara sauce</i> Fresh Romaine Salad Chilled Mixed Fruit	13 Chicken Patty Filet on a Bun Crispy Tator Tots "Bush's" Baked Beans Chilled Diced Peaches	14 "Max" Cheese Pizza Carrot Coins Fresh Orange Slices Chocolate Pudding Cup <i>w/whipped topping</i>
17 French Toast Sticks Sausage Patty Hash Brown Potato Fresh Carrots Chilled Applesauce	18 Chicken Nuggets Crinkle Cut Fries "Bush's" Baked Beans Chilled Pineapple Tidbits	19 Stuffed Crust Pizza Fresh Romaine Salad Chilled Diced Peaches "Scooby Doo" Cookie	20 "New" Crispy Chicken Bites <i>"Mrs T's" Pierogies</i> Steamed Corn Niblets Chilled Mixed Fruit	21 "New" "Giorgio's" Pepp & Cheese Stomboli <i>w/marinara sauce</i> Fresh Celery Sticks Chilled Diced Pears "Luigi's" Sherbet Cup
24 Chicken Patty Filet on a Bun Crinkle Cut Fries "Bush's" Baked Beans Chilled Diced Peaches	25 Toasted Cheese Sandwich Steamed Green Beans Chilled Applesauce Pepperidge Farm Goldfish Crackers	26 "Waffle Wednesday" Waffle Sticks w/ syrup Bacon Slices Smiley Potato Fries Chilled Strawberry Cup	27 "New" Crispy Chicken Bites Smashed Potatoes <i>w/gravy</i> Carrot Coins Chilled Diced Pears	28 Cheese OR Garlic Pizza Fresh Romaine Salad Fresh Banana
31 "Pillsbury" Pancakes "Trix or Treat" Yogurt Cup Sweet Potato Fingers Chilling Applesauce Pumpkin Cookie	Milk \$.65 Ice Cream \$.75 Specialty Ice Cream \$1.25	DAILY SANDWICH CHOICE: *PEANUT BUTTER & JELLY Ham, Turkey OR Cheese OR Yogurt Meal (yogurt, cheese stix, pretzel, fruit & milk)	OCTOBER "did you know": 1814 - "Star Spangled Banner" 1st sung. 1825 - Erie Canal opened. 1886 - Statue of Liberty dedicated. 1950 - "Peanuts" comic strip 1st National "PIZZA" Month	

**WE USE AS MUCH
LOCAL FRUITS & VEGETABLES
AS POSSIBLE!**

PRICE OF DAILY LUNCH IS \$2.60 MONTHLY PRICE IS \$52.00. MONEY IN YOUR CHILD'S ACCOUNT MAY BE USED FOR ALL ITEMS IN THE CAFETERIA. MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE. Adding money online at MySchoolBucks.com helps make the lunch line move faster and gives children more time for lunch.

****MENU SUBJECT TO CHANGE WITHOUT NOTICE**

**Nutritional facts are available upon request through the Food Service Office OR your child's school nurse.



WE NOW SERVE "WHOLE GRAIN WHITE" BREAD PRODUCTS!