

# OCTOBER 2017

## WEST GENESEE ELEMENTARY LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT AND A CHOICE OF VEGETABLES ARE AVAILABLE EVERYDAY AS WELL AS THE FOLLOWING MILK OPTIONS: SKIM WHITE, 1 % WHITE OR OR FAT FREE CHOCOLATE.

**The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!**

MONDAY	TUESDAY	WEDNESDAY	FRIDAY
<p><b>2</b></p> <p><b>French Toast Sticks</b> Turkey Sausage Patty Hash Brown Potato Chilled Applesauce</p>	<p><b>"Taco Tuesday" 3</b></p> <p><b>Seasoned Taco w/Chips &amp; Cheese</b> Steamed Sweet Corn Zesty Mexican Salsa Chilled Mandarin Oranges</p>	<p><b>4</b></p> <p><b>Crispy Chicken Smackers</b> Smashed Potatoes Steamed Carrot Coins Chilled Mixed Fruit</p>	<p><b>5</b></p> <p><b>Bacon Burger on a Bun</b> "Bush's" Baked Beans Diced Chilled Pears BBQ Baked Lays Potato Chips</p>
<p><b>9</b></p> <p><b>COLUMBUS DAY!</b> </p>	<p><b>10</b></p> <p><b>Mozzarella Cheese Sticks &amp; Meatballs</b> <i>w/marinara sauce</i> Galicky Breadstick Steamed Carrot Coins Chilled Diced Peaches</p>	<p><b>11</b></p> <p><b>Max Cheese Pizza</b> Steamed Green Beans Chilled Mixed Fruit "Luigi's" Sherbet Cup</p>	<p><b>12</b></p> <p><b>Crispy Chicken Tenders</b> Crinkle Cut Fries "Bush's" Baked Beans Fresh Banana</p>
<p><b>16</b></p> <p><b>"Pillsbury" Pancakes</b> "Trix" Yogurt Crispy Tater Tots Chilled Applesauce</p>	<p><b>17</b></p> <p><b>Chicken Patty Filet on a Bun</b> Steamed Fresh Broccoli <i>w/cheese sauce</i> Chilled Diced Peaches</p>	<p><b>"Waffle Wednesday" 18</b></p> <p><b>Waffle Sticks w/ syrup</b> Bacon Slices Smiley Potato Fries Chilled Strawberry Cup</p>	<p><b>19</b></p> <p><b>Crispy Chicken Tenders</b> Smashed Potatoes <i>w/gravy</i> Steamed Carrot Coins Chilled Mixed Fruit</p>
<p><b>23</b></p> <p><b>Breakfast Bagel Sandwich</b> <i>(bagel, egg &amp; cheese)</i> Fresh Carrots w/ranch dip Chilled Applesauce</p>	<p><b>24</b></p> <p><b>Crispy Chicken Smackers</b> Crispy Tater Tots "Bush's" Baked Beans Diced Chilled Pears</p>	<p><b>25</b></p> <p><b>Pretzel Sandwich w/Cheesy Cheese</b> "Campbell's" Chicken Noodle Soup Pepperidge Farm Goldfish Crackers Fresh Steamed Broccoli Fresh Banana</p>	<p><b>26</b></p> <p><b>"NEW" Crispy Chicken Rings</b> Crinkle Cut Fries Steamed Carrot Coins Jell-O Fruit Cup w/whipped topping</p>
<p><b>"NEW" 30</b></p> <p><b>Country Beef Rib BBQ Sandwich</b> <i>(beef rib patty, bbq sauce &amp; onion ring)</i> Fresh Carrots <i>w/ranch dip</i> BBQ Baked Lays Potato Chips Chilled Strawberry Cup</p>	<p><b>31</b></p> <p><b>Crispy Chicken Smackers</b> Homemade Mac &amp; Cheese Steamed Green Beans Chilled Applesauce "Spooky Sundae" Cup </p>	<p><b>"Family History Month"</b> </p>	<p><b><u>DAILY SANDWICH CHOICE:</u></b> <b>*PEANUT BUTTER &amp; JELLY</b> <b>Ham, Turkey OR Cheese</b> <b>OR</b> <b>Yogurt Meal</b> <small>(yogurt, cheese stix, pretzel, fruit &amp; milk)</small></p> <p><b>Milk \$.65</b> <b>Ice Cream \$.75</b> <b>Specialty Ice Cream \$1.25</b></p>

**WE USE AS MUCH  
LOCAL FRUITS & VEGETABLES  
AS POSSIBLE!**



**PRICE OF DAILY LUNCH IS \$2.60 MONTHLY PRICE IS \$54.60. MONEY IN YOUR CHILD'S ACCOUNT**

MAY BE USED FOR ALL ITEMS IN THE CAFETERIA. MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE.

*Adding money online at [MySchoolBucks.com](http://MySchoolBucks.com) helps make the lunch line move faster and gives children more time for lunch.*

**\*\*MENU SUBJECT TO CHANGE WITHOUT NOTICE**

**\*\*Nutritional facts are available upon request through the Food Service Office OR**