

# September 2016

## WEST GENESEE ELEMENTARY LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT AND A CHOICE OF VEGETABLES ARE AVAILABLE EVERYDAY AS WELL AS THE FOLLOWING MILK OPTIONS: SKIM WHITE, 1 % WHITE OR OR FAT FREE CHOCOLATE.

**The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!**

MONDAY	TUESDAY	WEDNESDAY	FRIDAY
<b>DAILY SANDWICH CHOICE:</b> *PEANUT BUTTER & JELLY Ham, Turkey OR Cheese OR Yogurt Meal (yogurt, cheese stix, pretzel, fruit & milk)	<i>September "did you know":</i> 1814 - Star Spangled Banner written. 1849 - Safety pin invented. 1903 - Ice Cream invented. 1920 - Band Aid Invented. National "Chicken" Month	Milk \$.65 Ice Cream \$.75 Specialty Ice Cream \$1.25	1 TEACHER WORKSHOP NO SCHOOL 2
 5	6 Crispy Chicken Smackers Crispy Tator Tots Steamed Green Broccoli Chilled Diced Peaches	7 Bacon Cheeseburger on a Bun <i>with OR without cheese</i> "Bush's" Baked Beans Diced Chilled Pears Dill Pickle Baked Lays Potato Chips	8 "New" Crispy Chicken Bites Crinkle Cut Fries Steamed Carrots Coins Chilled Pineapple Tidbits 9 Lunch Around Pizza Fresh Romaine Salad <i>w/tomatoes</i> Fresh Apple
12 "Pillsbury" Pancakes Trix Yogurt Cup Sweet Potato Fries Chilled Applesauce	13 "Taco Tuesday" Seasoned Taco w/Chips & Steamed Sweet Corn Zesty Mexican Salsa Chilled Mandarin Oranges	14 Mozzarella Cheese Sticks & Meatballs <i>w/marinara sauce</i> Fresh Romaine Salad Chilled Mixed Fruit	15 Chicken Patty Filet on a Bun Crispy Tator Tots "Bush's" Baked Beans Chilled Diced Peaches 16 "Max" Cheese Pizza Fresh Cucumbers <i>w/ranch dressing</i> Fresh Orange Slices Chocolate Pudding Cup <i>w/whipped topping</i>
19 French Toast Sticks Sausage Patty Hash Brown Potato Fresh Carrots Chilled Applesauce	20 Crispy Chicken Smackers Crinkle Cut Fries "Bush's" Baked Beans Chilled Pineapple Tidbits	21 Stuffed Crust Pizza Fresh Romaine Salad Fresh Apple "Scooby Doo" Cookie	22 "New" Crispy Chicken Bites "Mrs T's" Pierogies Steamed Corn Niblets Chilled Mixed Fruit 23 "Homemade" Cheese OR Garlic Pizza Fresh Celery Sticks Chilled Diced Pears "Luigi's" Sherbet Cup
26 Chicken Patty Filet Smashed Potatoes <i>w/gravy</i> "Bush's" Baked Beans Chilled Diced Peaches	27 Toasted Cheese Sandwich Fresh Carrots Chilled Applesauce Pepperidge Farm Goldfish Crackers	28 "Waffle Wednesday" Waffle Sticks <i>w/ syrup</i> Bacon Slices Smiley Potato Fries Chilled Strawberries & Bananas	29 STAFF DEVELOPMENT 30 "New" "Giorgio's" Pepp & Cheese Stomboli <i>w/marinara sauce</i> Fresh Romaine Salad Fresh Banana

**WE USE AS MUCH  
LOCAL FRUITS & VEGETABLES  
AS POSSIBLE!**

PRICE OF DAILY LUNCH IS \$2.60 MONTHLY PRICE IS \$46.80. MONEY IN YOUR CHILD'S ACCOUNT MAY BE USED FOR ALL ITEMS IN THE CAFETERIA. MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE. Adding money online at [MySchoolBucks.com](http://MySchoolBucks.com) helps make the lunch line move faster and gives children more time for lunch.



WE NOW SERVE "WHOLE GRAIN WHITE" BREAD PRODUCTS!



**\*\*MENU SUBJECT TO CHANGE WITHOUT NOTICE**

\*\*Nutritional facts are available upon request through the Food Service Office OR your child's school nurse.