

MARCH 2017


WEST GENESEE HIGH SCHOOL LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT AND A CHOICE OF VEGETABLES ARE AVAILABLE EVERYDAY AS WELL AS THE FOLLOWING MILK OPTIONS: SKIM WHITE, 1% WHITE OR OR FAT FREE CHOCOLATE.

The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!

OFFERED EVERYDAY: INDIVIDUAL SALADS & SUBMARINE SANDWICHES WITH 2 OTHER CHOICES COUNT AS A MEAL.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OTHER ALTERNATES MAY BE OFFERED: CHICKEN PATTY PIZZA SLICE YOGURT MEAL (yogurt, cheese stick, pretzels, fruit & milk)	Milk \$.65 Ice Cream \$.75 Specialty Ice Cream \$1.25	1 Mozzarella Cheese Sticks AND The "Max" Maxstix <i>(mozz cheese filled pizza sticks)</i> Steamed Fresh Broccoli Chilled Applesauce	2 Bacon Cheeseburger on a Bun <i>with OR without cheese</i> "Bush's" Baked Beans Diced Chilled Pears Dill Pickle BBQ Baked Lays Potato Chips	3 Crispy Chicken Smackers Crinkle Cut Fries <i>w/cheese sauce</i> Chilled Peach Cup ***Cheese Pizza also available
6 Lunch Around Pizza Steamed Fresh Broccoli Chilled Mixed Fruit Kids Snack Mix	7 "Taco Tuesday" Taco w/Chips & Cheese Sauce Steamed Sweet Corn Zesty Tomato Salsa Chilled Peach Cup	8 Crispy Chicken Nuggets <i>"Mrs. T's" Pierogies</i> "Bush's" Baked Beans Chilled Applesauce	9 Toasted Cheese Pretzelwich Fresh Carrots & Ranch Dip Fresh Banana "Pepperidge" Farm Goldfish	10 "Homemade" Cheese Pizza OR "Homemade" Buffalo Chicken Pizza Fresh Celery sticks <i>w/Bleu Cheese</i> Fresh Orange Luigi's Sherbet
13 Crispy Chicken Smackers Baked Macaroni & Cheese Steamed Carrot Coins Chilled Applesauce	14 Stuffed Crust Pizza <i>(cheese OR pepperoni)</i> Steamed Fresh Broccoli Fresh Orange	15 Mozzarella Cheese Sticks & Meatballs <i>w/marinara sauce</i> Romaine Salad <i>w/chickpeas & cukes</i> "New" Texas Toast Chilled Mixed Fruit	16 "Sampler Platter" Five Chicken Bites, Two Pizza Sticks & Garlic Breadstick Steamed Sweet Corn Chilled Diced Peaches	17 TEACHER WORKSHOP DAY 
20 French Toast Sticks Cheesy Scrambled Eggs Hash Brown Potatoes Chilled Applesauce	21 "Taco Tuesday" Taco w/Chips & Cheese Sauce Steamed Sweet Corn Zesty Tomato Salsa Chilled Peach Cup	22 Chicken Patty Filet on a bun <i>w/lettuce & tomato</i> "Bush's" Baked Beans Baked Lays Potato Chips Chilled Diced Pears	23 Chicken Fried Rice <i>(diced chicken, fried rice & veggies)</i> Chinese Chicken Egg Roll Steamed Fresh Broccoli Chilled Pineapple Tidbits	24 Stuffed Crust Pizza <i>(cheese OR pepperoni)</i> Fresh Carrots & Ranch Dip Chilled Peach Cup
27 "Brunch for Lunch" Breakfast Sandwich <i>(bagel, egg, cheese, & bacon)</i> Crispy Tator Tots Chilled Applesauce	28 Crispy Chicken Nuggets Smashed Potatoes <i>w/gravy</i> Steamed Carrot Coins Chilled Mixed Fruit	29 "Cowboy" Burger on a Bun <i>with OR without cheese & BBQ</i> Crispy Onion Rings Diced Chilled Pears Dill Pickle "Bush's" Baked Beans BBQ Baked Lays Chips	30 General Tso's Chicken <i>w/Seasoned Rice</i> Fresh Steamed Broccoli Chilled Pineapple Tidbits	31 Lunch Around Pizza <i>Cheese OR Pepperoni</i> Steamed Green Beans Chilled Peach Cup

WE USE AS MUCH LOCAL FRUITS & VEGETABLES AS POSSIBLE!

HIGH SCHOOL LUNCH IS \$2.85. MONEY IN YOUR CHILD'S ACCOUNT

MAY BE USED FOR ALL ITEMS IN THE CAFETERIA. **MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE.**

Adding money online at MySchoolBucks.com helps make the lunch line move faster and gives children more time for lunch.



WE NOW SERVE "WHOLE GRAIN WHITE" BREAD PRODUCTS!



****MENU SUBJECT TO CHANGE WITHOUT NOTICE**

***Nutritional Facts are available upon request through the Food Service Office OR your child's school nurse.*