

SEPTEMBER 2017

WEST GENESEE HIGH SCHOOL LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT AND A CHOICE OF VEGETABLES ARE AVAILABLE EVERYDAY AS WELL AS THE FOLLOWING MILK OPTIONS: SKIM WHITE, 1% WHITE OR OR FAT FREE CHOCOLATE.

The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!

OFFERED EVERYDAY: INDIVIDUAL SALADS & SUBMARINE SANDWICHES WITH 2 OTHER CHOICES

COUNT AS A MEAL.

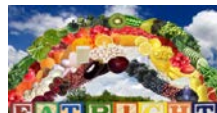
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| <p><u>OTHER ALTERNATES</u> <u>MAY BE OFFERED:</u> CHICKEN PATTY PIZZA SLICE YOGURT MEAL (yogurt, cheese stick, pretzels, fruit & milk)</p> | <p>National "Manners" Month</p> | <p>Milk \$.65 Ice Cream \$.75 Specialty Ice Cream \$1.25</p> | | <p>1 NO SCHOOL</p> |
| <p>4 <i>Happy Labor Day!!</i> </p> | <p>5 TEACHER WORKSHOP</p> | <p>6 Stuffed Crust Pizza Fresh Carrots w/ranch dip Chilled Peach Cup</p> | <p>7 Crispy Chicken Smackers Crispy Tator Tots Steamed Green Broccoli Chilled Diced Pears</p> | <p>8 "Hoffman" All Beef Hot Dog Crispy Crinkle Fries w/cheese sauce "Bush's" Baked Beans Chilled Mixed Fruit</p> |
| <p>11 French Toast Sticks Sausage Links Hash Brown Potatoes Chilled Applesauce</p> | <p>12 Crispy Chicken Tenders "Mrs. T's" Pierogies Steamed Green Beans Fresh Banana</p> | <p>13 Bacon Burger on a Bun with OR without cheese "Bush's" Baked Beans Diced Chilled Pears BBQ Baked Lays Potato Chips</p> | <p>14 Crispy Chicken Smackers Smashed Potatoes w/gravy Steamed Carrot Coins Chilled Mixed Fruit</p> | <p>15 "Sampler Platter" Five Chicken Nuggets Two Pizza Sticks Fresh Romaine Salad w/cukes Chilled Diced Peaches</p> |
| <p>18 Mozzarella Cheese Sticks Italian Meatballs w/marinara sauce Steamed Green Beans Diced Chilled Pears</p> | <p>19 "Taco Tuesday" Seasoned Taco w/Chips & Cheese Sauce Steamed Sweet Corn Zesty Mexican Salsa Chilled Mandarin Oranges</p> | <p>20 Crispy Chicken Tenders Smashed Potatoes w/gravy Steamed Carrot Coins Chilled Mixed Fruit</p> | <p>21 "NEW" "MAX" Chicken Pizza "Bush's" Baked Beans Garlicy Breadstick w/marinara Fresh Banana</p> | <p>22 Lunch Around Pizza Cheese OR Pepperoni Romaine Salad w/tomatoes Chilled Peach Cup</p> |
| <p>25 Crispy Chicken Smackers Crispy Tator Tots Steamed Carrot Coins Chilled Applesauce</p> | <p>26 "NEW" BBQ Beef Rib Sandwich "Bush's" Baked Beans Steamed Sweet Corn Chilled Strawberry Cup Cool Ranch Doritos</p> | <p>27 Chicken Patty Filet on a bun w/lettuce & tomato Steamed Broccoli w/cheese sauce Seasoned Potato Wedges Chilled Peach Cup</p> | <p>28 Two Toasted Cheese Pretzelwich Cheese OR Ham Steamed Green Beans Fresh Orange "Pepperidge Farm" Goldfish</p> | <p>29 "Homemade" Cheese, Garlic OR Pepperoni Pizza Romaine Salad w/shredded carrots Chilled Peach Cup</p> |

**WE USE AS MUCH
LOCAL FRUITS & VEGETABLES
AS POSSIBLE!**

MIDDLE SCHOOL LUNCH IS \$2.85. HIGH SCHOOL LUNCH IS \$2.85. MONEY IN YOUR CHILD'S ACCOUNT

MAY BE USED FOR ALL ITEMS IN THE CAFETERIA. **MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE.**

Adding money online at MySchoolBucks.com helps make the lunch line move faster and gives children more time for lunch.



****MENU SUBJECT TO CHANGE WITHOUT NOTICE**

**Nutritional Facts are available upon request through the Food Service Office OR