

DECEMBER 2017

WEST GENESEE MIDDLE SCHOOL LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT AND A CHOICE OF VEGETABLES ARE AVAILABLE EVERYDAY AS WELL AS THE FOLLOWING MILK OPTIONS: SKIM WHITE, 1% WHITE OR OR FAT FREE CHOCOLATE.

The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!

OFFERED EVERYDAY: INDIVIDUAL SALADS & SUBMARINE SANDWICHES WITH 2 OTHER CHOICES

COUNT AS A MEAL.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Milk \$.65 Ice Cream \$.75 Specialty Ice Cream \$1.25</p>	<p><u>OTHER ALTERNATES</u> <u>MAY BE OFFERED:</u> CHICKEN PATTY PIZZA SLICE YOGURT MEAL (yogurt, cheese stick, pretzels, fruit & milk)</p>	<p>"Read a New Book Month" <i>Reading is Snow Much Fun!</i></p>		<p>"Sampler Platter" Five Chicken Nuggets Two Pizza Sticks <i>w/marinara</i> Fresh Romaine Salad <i>w/cukes</i> Chilled Diced Peaches</p>
<p>4 Crispy Chicken Tenders Crispy Tator Tots Fresh Steamed Broccoli Chilled Applesauce</p>	<p>5 Burger on a Bun <i>with OR without cheese</i> Baked Onion Rings "Bush's" Baked Beans Diced Chilled Pears</p>	<p>6 Crispy Chicken Smackers Homemade Mac & Cheese Steamed Carrot Coins Chilled Strawberry Cup</p>	<p>7 Two Toasted Cheese Pretzelwich Cheese OR Ham Campbell's Tomato Soup Steamed Green Beans Fresh Orange</p>	<p>8 Stuffed Crust Pizza Cheese OR Pepperoni Romaine Salad <i>w/chickpeas</i> Chilled Peach Cup</p>
<p>11 Crispy Chicken Nuggets Mashed Potatoes <i>w/gravy</i> "Bush's" Baked Beans Diced Chilled Pears</p>	<p>12 Chicken Patty on a Bun Crispy Tator Tots Chilled Peach Cup</p>	<p>13 Baked Italian Ziti w/meatballs & marinara Romaine Salad <i>w/rst red peppers</i> Texas Toast Chilled Pineapple Tidbits</p>	<p>14 General Tso's Chicken w/rice & broccoli Chicken Veggie Egg Roll Chilled Strawberry Cup</p>	<p>15 "Homemade" Pizza Cheese OR Garlic Fresh Carrots <i>w/ranch dip</i> Chilled Peach Cup</p>
<p>18 French Toast Sticks Sausage Links Hash Brown Potatoes Chilled Applesauce</p>	<p>19 Seasoned Taco <i>w/Chips & Cheese Sauce</i> Mexican Baked Beans Zesty Mexican Salsa Chilled Mandarin Oranges</p>	<p>20 Crispy Chicken Smackers Mashed Potatoes <i>w/gravy</i> Steamed Carrot Coins Chilled Strawberry Cup</p>	<p>21 Mozzarella Cheese Sticks & Meatballs <i>w/marinara sauce</i> Italian Bread Steamed Green Beans Fresh NYS Apple</p>	<p>22 Lunch Around Pizza Cheese OR Pepperoni Romaine Salad <i>w/tomatoes</i> Chilled Peach Cup</p>
<p>25 Gledelig Jul - Sređna Božić Jollinn Pukkinen salattina puutarha Sing Tin Chuk He Gledelig Jul MERRY CHRISTMAS Merry Christmas Gledelig Jul Meri Kirjaimme Freudliche Weihnachten Mabine Nollant St. Prunum. Faussem. Bonne Feste Natalisica Joyeux Noel Feliz Navidad Pukkipöytä - puukinon suklaata ja öljyä Feliz Natal Merry Keshmish La Bonne Le Noëlant Me la Tropic Fin</p>	<p>26 CHRISTMAS/NEW YEAR'S RECESS</p>	<p>27 </p>	<p>28 CHRISTMAS/NEW YEAR'S RECESS</p>	<p>29 </p>

**WE USE AS MUCH
LOCAL FRUITS & VEGETABLES
AS POSSIBLE!**

MIDDLE SCHOOL LUNCH IS \$2.85. HIGH SCHOOL LUNCH IS \$2.85. MONEY IN YOUR CHILD'S ACCOUNT

MAY BE USED FOR ALL ITEMS IN THE CAFETERIA. MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE.

Adding money online at MySchoolBucks.com helps make the lunch line move faster and gives children more time for lunch.



****MENU SUBJECT TO CHANGE WITHOUT NOTICE**

***Nutritional Facts are available upon request through the Food Service Office OR*