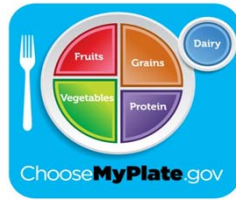


MARCH 2017


WEST GENESEE MIDDLE SCHOOL LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT AND A CHOICE OF VEGETABLES ARE AVAILABLE EVERYDAY AS WELL AS THE FOLLOWING MILK OPTIONS: SKIM WHITE, 1% WHITE OR OR FAT FREE CHOCOLATE.

The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!

OFFERED EVERYDAY: INDIVIDUAL SALADS & SUBMARINE SANDWICHES WITH 2 OTHER CHOICES COUNT AS A MEAL.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OTHER ALTERNATES MAY BE OFFERED: CHICKEN PATTY PIZZA SLICE YOGURT MEAL (yogurt, cheese stick, pretzels, fruit & milk)	Milk \$.65 Ice Cream \$.75 Specialty Ice Cream \$1.25	1 Mozzarella Cheese Sticks AND The "Max" Maxstix <i>(mozz cheese filled pizza sticks)</i> Steamed Fresh Broccoli Chilled Applesauce	2 Bacon Cheeseburger on a Bun <i>with OR without cheese</i> "Bush's" Baked Beans Diced Chilled Pears Dill Pickle BBQ Baked Lays Potato Chips	3 Crispy Chicken Smackers Crinkle Cut Fries <i>w/cheese sauce</i> Chilled Peach Cup ***Cheese Pizza also available
6 Lunch Around Pizza Steamed Fresh Broccoli Chilled Mixed Fruit Kids Snack Mix	7 "Taco Tuesday" Taco w/Chips & Cheese Sauce Steamed Sweet Corn Zesty Tomato Salsa Chilled Peach Cup	8 Crispy Chicken Nuggets <i>"Mrs. T's" Pierogies</i> "Bush's" Baked Beans Chilled Applesauce	9 Toasted Cheese Pretzelwich Fresh Carrots & Ranch Dip Fresh Banana "Pepperidge" Farm Goldfish	10 "Homemade" Cheese Pizza OR "Homemade" Buffalo Chicken Pizza Fresh Celery sticks <i>w/Bleu Cheese</i> Fresh Orange Luigi's Sherbet
13 Crispy Chicken Smackers Baked Macaroni & Cheese Steamed Carrot Coins Chilled Applesauce	14 Stuffed Crust Pizza <i>(cheese OR pepperoni)</i> Steamed Fresh Broccoli Fresh Orange	15 Mozzarella Cheese Sticks & Meatballs <i>w/marinara sauce</i> Romaine Salad <i>w/chickpeas & cukes</i> "New" Texas Toast Chilled Mixed Fruit	16 "Sampler Platter" Five Chicken Bites, Two Pizza Sticks & Garlic Breadstick Steamed Sweet Corn Chilled Diced Peaches	17 TEACHER WORKSHOP DAY 
20 French Toast Sticks Cheesy Scrambled Eggs Hash Brown Potatoes Chilled Applesauce	21 "Taco Tuesday" Taco w/Chips & Cheese Sauce Steamed Sweet Corn Zesty Tomato Salsa Chilled Peach Cup	22 Chicken Patty Filet on a bun <i>w/lettuce & tomato</i> "Bush's" Baked Beans Baked Lays Potato Chips Chilled Diced Pears	23 Chicken Fried Rice <i>(diced chicken, fried rice & veggies)</i> Chinese Chicken Egg Roll Steamed Fresh Broccoli Chilled Pineapple Tidbits	24 Stuffed Crust Pizza <i>(cheese OR pepperoni)</i> Fresh Carrots & Ranch Dip Chilled Peach Cup
27 "Brunch for Lunch" Breakfast Sandwich <i>(bagel, egg, cheese, & bacon)</i> Crispy Tator Tots Chilled Applesauce	28 Crispy Chicken Nuggets Smashed Potatoes <i>w/gravy</i> Steamed Carrot Coins Chilled Mixed Fruit	29 "Cowboy" Burger on a Bun <i>with OR without cheese & BBQ</i> Crispy Onion Rings Diced Chilled Pears Dill Pickle "Bush's" Baked Beans BBQ Baked Lays Chips	30 General Tso's Chicken <i>w/Seasoned Rice</i> Fresh Steamed Broccoli Chilled Pineapple Tidbits	31 Lunch Around Pizza <i>Cheese OR Pepperoni</i> Steamed Green Beans Chilled Peach Cup

**WE USE AS MUCH
LOCAL FRUITS & VEGETABLES
AS POSSIBLE!**

MIDDLE SCHOOL LUNCH IS \$2.85. HIGH SCHOOL LUNCH IS \$2.85. MONEY IN YOUR CHILD'S ACCOUNT MAY BE USED FOR ALL ITEMS IN THE CAFETERIA. MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE. Adding money online at MySchoolBucks.com helps make the lunch line move faster and gives children more time for lunch.



WE NOW SERVE "WHOLE GRAIN WHITE" BREAD PRODUCTS!



****MENU SUBJECT TO CHANGE WITHOUT NOTICE**

***Nutritional Facts are available upon request through the Food Service Office OR your child's school nurse.*