

SEPTEMBER 2017

WEST GENESEE MIDDLE SCHOOL LUNCH MENU



STUDENTS MUST HAVE AT LEAST 3 MENU ITEMS ON THEIR TRAY TO COUNT AS A LUNCH (ONE ITEM MUST BE EITHER A FRUIT OR A VEGETABLE). FRESH FRUIT AND A CHOICE OF VEGETABLES ARE AVAILABLE EVERYDAY AS WELL AS THE FOLLOWING MILK OPTIONS: SKIM WHITE, 1% WHITE OR OR FAT FREE CHOCOLATE.

The 5 Food Components: Meat/Meat Alternate, Grain, Fruit, Vegetable & Milk!

OFFERED EVERYDAY: INDIVIDUAL SALADS & SUBMARINE SANDWICHES WITH 2 OTHER CHOICES

COUNT AS A MEAL.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>OTHER ALTERNATES</u></p> <p><u>MAY BE OFFERED:</u></p> <p>CHICKEN PATTY</p> <p>PIZZA SLICE</p> <p>YOGURT MEAL</p> <p>(yogurt, cheese stick, pretzels, fruit & milk)</p>	<p>say please and thank you Don't tell others what to do Share Never interrupt others raise your hand pay attention to your teacher Be kind wait your turn</p> <p><i>National "Manners" Month</i></p>	<p>Milk \$.65</p> <p>Ice Cream \$.75</p> <p>Specialty Ice Cream \$1.25</p>		<p>1</p> <p>NO SCHOOL</p>
<p>4</p>	<p>5</p> <p>TEACHER WORKSHOP</p>	<p>6</p> <p>Stuffed Crust Pizza</p> <p>Fresh Carrots w/ranch dip</p> <p>Chilled Peach Cup</p>	<p>7</p> <p>Crispy Chicken Smackers</p> <p>Crispy Tator Tots</p> <p>Steamed Green Broccoli</p> <p>Chilled Diced Pears</p>	<p>8</p> <p>"Hoffman" All Beef Hot Dog</p> <p>Crispy Crinkle Fries w/cheese sauce</p> <p>"Bush's" Baked Beans</p> <p>Chilled Mixed Fruit</p>
<p>11</p> <p>French Toast Sticks</p> <p>Sausage Links</p> <p>Hash Brown Potatoes</p> <p>Chilled Applesauce</p>	<p>12</p> <p>Crispy Chicken Tenders</p> <p>"Mrs. T's" Pierogies</p> <p>Steamed Green Beans</p> <p>Fresh Banana</p>	<p>13</p> <p>Bacon Burger on a Bun</p> <p>with OR without cheese</p> <p>"Bush's" Baked Beans</p> <p>Diced Chilled Pears</p> <p>BBQ Baked Lays Potato Chips</p>	<p>14</p> <p>Crispy Chicken Smackers</p> <p>Smashed Potatoes w/gravy</p> <p>Steamed Carrot Coins</p> <p>Chilled Mixed Fruit</p>	<p>15</p> <p>"Sampler Platter"</p> <p>Five Chicken Nuggets</p> <p>Two Pizza Sticks</p> <p>Fresh Romaine Salad w/cukes</p> <p>Chilled Diced Peaches</p>
<p>18</p> <p>Mozzarella Cheese Sticks</p> <p>Italian Meatballs</p> <p>w/marinara sauce</p> <p>Steamed Green Beans</p> <p>Diced Chilled Pears</p>	<p>19</p> <p>"Taco Tuesday"</p> <p>Seasoned Taco w/Chips & Cheese Sauce</p> <p>Steamed Sweet Corn</p> <p>Zesty Mexican Salsa</p> <p>Chilled Mandarin Oranges</p>	<p>20</p> <p>Crispy Chicken Tenders</p> <p>Smashed Potatoes w/gravy</p> <p>Steamed Carrot Coins</p> <p>Chilled Mixed Fruit</p>	<p>21</p> <p>"NEW" "MAX" Chicken Pizza</p> <p>"Bush's" Baked Beans</p> <p>Garlicy Breadstick w/marinara</p> <p>Fresh Banana</p>	<p>22</p> <p>Lunch Around Pizza</p> <p>Cheese OR Pepperoni</p> <p>Romaine Salad w/tomatoes</p> <p>Chilled Peach Cup</p>
<p>25</p> <p>Crispy Chicken Smackers</p> <p>Crispy Tator Tots</p> <p>Steamed Carrot Coins</p> <p>Chilled Applesauce</p>	<p>26</p> <p>"NEW" BBQ Beef Rib Sandwich</p> <p>"Bush's" Baked Beans</p> <p>Chilled Strawberry Cup</p> <p>Cool Ranch Doritos</p>	<p>27</p> <p>Chicken Patty Filet on a bun</p> <p>w/lettuce & tomato</p> <p>Steamed Broccoli w/cheese sauce</p> <p>Seasoned Potato Wedges</p> <p>Chilled Peach Cup</p>	<p>28</p> <p>Two Toasted Cheese Pretzelwich</p> <p>Cheese OR Ham</p> <p>Steamed Green Beans</p> <p>Fresh Orange</p> <p>"Pepperidge Farm" Goldfish</p>	<p>29</p> <p>"Homemade"</p> <p>Cheese, Garlic OR Pepperoni Pizza</p> <p>Romaine Salad w/shredded carrots</p> <p>Chilled Peach Cup</p>

**WE USE AS MUCH
LOCAL FRUITS & VEGETABLES
AS POSSIBLE!**

MIDDLE SCHOOL LUNCH IS \$2.85. HIGH SCHOOL LUNCH IS \$2.85. MONEY IN YOUR CHILD'S ACCOUNT

MAY BE USED FOR ALL ITEMS IN THE CAFETERIA. **MAKE CHECKS PAYABLE TO WEST GENESEE FOOD SERVICE.**

Adding money online at MySchoolBucks.com helps make the lunch line move faster and gives children more time for lunch.



****MENU SUBJECT TO CHANGE WITHOUT NOTICE**

**Nutritional Facts are available upon request through the Food Service Office OR